Advanced & Review Courses Földiklinik
Lymphedema and Lipalgia Syndrome
Preliminary Daily Itinerary Group 1*
Saturday, Sept. 11 – Saturday, Sept. 18, 2027

Saturday, Sept. 11

8:00 – 9:15 Welcome, introductions and orientation at Földi Clinic

9:30 – 12:45 **MLD: A Klose Look at Current Techniques and Clinical Updates**
Lecture, demonstrations and hands-on practice - *Guenter Klose & Linda Roherty*

12:45 – 1:45 Lunch break (provided)

1:45 – 2:45 MLD: Continued Hands-On Practice and Technique Refinement

3:00 – 5:00 **Breast Cancer Rehabilitation: Addressing Upper Quadrant Dysfunction**
Lecture and hands-on practice - *Linda & Guenter*

Sunday, Sept. 12

8:00 – 12:00 **Upper and Lower Extremity Bandaging: Updates, Techniques and Hands-On Practice** - *Guenter & Linda*

12:00 – 1:00 Lunch break (provided)

1:00 – 2:45 **Body, Mind & Soul: Integrative Approaches to Enhance Lymphatic Flow, Flexibility, and Mobility**
Dagmar Engesser

3:00 – 5:00 **Managing Complex Lymphedema: Multicausal and Obesity-Associated Presentations**
Clinical treatment strategies and insights into the Földi Clinic's therapeutic approach
Michael Oberlin, MD

Monday, Sept. 13

8:00 – 9:45 **Lipalgia Syndrome (Formerly Lipedema): Current Concepts and Clinical Updates** - Guenter

10:00 – 12:00 **A Look into the Psychological Treasure Chest: Practical Strategies for Patient Care and Burnout Prevention**
Psychological insights and practical tools for supporting patients with lymphedema and lipalgia syndrome while promoting clinician well-being- *Gabriele Erbacher*

12:00 – 1:00 Lunch break (provided)

1:00 – 5:00 **Head and Neck Lymphedema: Clinical Assessment and Treatment Strategies** - *Linda*

Tuesday, Sept. 14

7:30 – 12:30 **Therapy observation** (shadowing a Földi Therapist)

12:30 – 1:30 Lunch break (provided)

1:30 – 4:30 **Clinical Debriefing and Interactive Case Study Discussions**
Review of morning observations, clinical reasoning, and treatment approaches - *Uschi Walz, MD, Linda and Guenter*

Wednesday, Sept. 15

8:00 **Travel to Emmerich am Rhein – JOBST Production Facility**

Group departure by chartered bus, *bus transportation and overnight accommodations in Emmerich are included.*

Thursday, Sept. 16

8:00 – 12:30 **Behind the Scenes at JOBST: Production Facility Tour and Educational Presentations**
An opportunity to explore compression garment manufacturing and gain insights from industry experts.
JOBST Team & Erin Sokalsky

Friday and Saturday, Sept. 17– 18

Földi–Klose–JOBST Symposium | Hamburg, Germany

Course participants will attend the Földi–Klose–JOBST Symposium, joining international colleagues and experts for scientific presentations, clinical discussions, and professional networking.

*Itinerary and presenters are subject to change without prior notice. Last revision 11/23/26