



**Lymphedema and Lipedema Therapy
Advanced & Review Courses Földiklinik
Preliminary Program***



Group 1: Monday, June 15th – Saturday, June 20th, 2026

Monday, June 15th

- 8:00 – 9:15 Welcome and orientation
- 9:30 – 12:45 MLD updates and hands-on practice (Linda Roherty & Guenter Klose)
- 12:45 – 2:00 Lunch break (Lunch will be provided and available at 1:00 pm)
- 2:00 – 2:15 BrCa Rehabilitation Part 1: Upper quadrant dysfunction lecture (Linda)
- 2:30 – 4:30 Treatment of Patients with multicausal and obesity-associated Lymphedema, PLUS;
General information about treatment at the Földi Clinic (Michael Oberlin, MD)

Tuesday, June 16th

- 8:00 – 9:00 BrCa Rehabilitation Part 2: Hands-on practice (Linda)
- 9:15 – 12:00 UE and LE Bandaging with SoftCompress liner and Reversa Wrap (Guenter)
- 12:00 – 1:00 Lunch break (Sandwich lunch will be provided)
- 1:00 – 2:30 Body–Mind–Soul Approaches to Improve Lymphatic Flow, Flexibility, and Mobility (Dagmar Engesser)
- 2:30 – 3:00 Getting ready for class trip to Feldberg
- 3:00 – 9:00 Bus trip to Feldberg followed by dinner at Menzenschwander Hütte

Wednesday, June 17th

- 7:30 – 12:30 Therapy observation (shadowing a Földi Therapist)
- 12:30 – 1:30 Lunch break (Lunch will be provided and available at 1:00 pm)
- 1:30 – 4:30 Debrief of morning session and Case Study review (Uschi Walz, MD & All)

Thursday, June 18th

- 8:00 – 9:45 Precision in Innovation - Measuring JOBST Confidence (Erin Sokalsky & Astrid Riebeling)
- 10:00 – 12:00 A look into the psychological treasure chest, including tips on how to avoid burnout while working with patients with lymphedema and lipedema-syndrome (Gabriele Erbacher)
- 12:00 – 12:30 Final remarks – End of A&R course Part 1

Friday and Saturday, June 19th– 20th

Part 2: Course participants will attend the 3rd International Földi Days in Titisee.
Coach bus transportation from Hinterzarten to Symposium venue in Titisee will be provided.

**This Advanced & Review
Course is sponsored by:**

