



**Lymphedema and Lipedema Therapy
Advanced & Review Courses Földiklinik
Preliminary Program***



Group 1: Monday, May 12th – Saturday, May 17th, 2025

Monday, May 12th

- 8:00 – 9:00 Welcome and orientation with Prof. Etelka Földi, MD
- 9:00 – 12:15 MLD updates and hands-on review (Linda Roherty & GK)
- 12:15 – 1:15 Lunch break (buffet lunch provided)
- 1:15 – 2:15 BrCa Rehabilitation: Upper quadrant dysfunction with hands-on practice (Linda Roherty)
- 2:30 – 4:30 Two-part lecture: 1) Obesity – Guild or fate. 2) Lipedema-Syndrome; Separating fairytales from facts (Tobias Bertsch)

Tuesday, May 13th

- 8:00 – 9:00 BrCa Rehabilitation lecture with hands-on practice continued (Linda Roherty)
- 9:00 – 12:00 UE and LE Bandaging with SoftCompress liner and Reversa wrap (John Jordi)
- 12:00 – 1:00 Lunch break (buffet lunch provided)
- 1:00 – 2:30 Yoga and Dance to facilitate decongestion and ROM (Anika Meckesheimer)
- 2:30 – 3:00 Getting ready for class trip to Feldberg
- 3:00 – 9:00 Bus trip to Feldberg followed by dinner at Menzenschwander Hütte

Wednesday, May 14th

- 7:30 – 12:00 Therapy observation (shadowing a Földi Therapist)
- 12:00 – 1:15 Lunch break (buffet lunch provided)
- 1:30 – 4:30 Debrief of morning session and Case Study review (Uschi Walz, LR & GK)

Thursday, May 15th

- 8:00 – 9:45 Precision and Innovation: Measuring for JOBST® Confidence
- 9:45 – 10:00 Break
- 10:00 – 12:00 A look into the psychological treasure chest, including tips on how to avoid burnout while working with patients with lymphedema and lipedema-syndrome (Gabriele Erbacher)
- 12:00 – 12:30 Final remarks – End of Part 1

Friday/Saturday, May 16th – 17th

Course participants will attend the International Földi Days in Titisee. Coach bus transportation from Hinterzarten to Symposium venue in Titisee is provided.

This Advanced & Review
Course is sponsored by:



*Curriculum and presenters are subject to change without prior notice.



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Group 2: Friday, May 16th – Wednesday May, 21st, 2025

Friday/Saturday, May 16th – 17th

Course participants will attend the International Földi Days in Titisee.

Coach bus transportation from Hinterzarten to Symposium venue in Titisee is provided.

Sunday, May 18th

- 1:00 – 2:00 Welcome and Orientation
- 2:00 – 5:00 MLD updates and hands-on practice (Linda Roherty & GK)

Monday, May 19

- 8:00 – 9:45 Precision and Innovation: Measuring for JOBST® Confidence
- 10:00 – 12:00 A look into the psychological treasure chest, including tips on how to avoid burnout while working with patients with lymphedema and lipedema-syndrome (Gabriele Erbacher)
- 12:00 – 1:00 Lunch Break
- 1:00 – 2:15 BrCa Rehabilitation: Upper quadrant dysfunction with hands-on practice (Linda Roherty)
- 2:30 – 4:30 Two-part lecture: 1) Obesity – Guild or fate. 2) Lipedema-Syndrome: Separating fairytales from facts (Tobias Bertsch)

Tuesday, May 20th

- 8:00 – 9:00 BrCa Rehabilitation lecture with hands-on practice continued (Linda Roherty)
- 9:00 – 12:00 UE and LE Bandaging with SoftCompress liner (GK)
- 12:00 – 1:00 Lunch break
- 1:00 – 2:30 Yoga and Dance to facilitate decongestion and ROM (Anika Meckesheimer)
- 2:30 – 3:00 Getting ready for class trip to Feldberg
- 3:00 – 9:00 Bus trip to Feldberg with dinner at Menzenschwander Hütte

Wednesday, May 21st

- 7:30 – 12:00 Therapy observation (shadowing a Földi Therapist)
- 12:00 – 1:15 Lunch break
- 1:30 – 4:30 Debrief of morning session and case study review (Uschi Walz, LR & GK)
- 4:30 – 5:00 Final remarks – End of class

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