



**Lymphedema and Lipedema Therapy  
Advanced & Review Courses Földiklinik  
Preliminary Program\***



**Group 1: Monday, May 12th – Saturday, May 17th, 2025**

**Monday, May 12th**

- 8:00 – 9:00 Welcome and orientation
- 9:00 – 12:15 MLD updates and hands-on review (GK, Linda Roherty & Földi Instructor)
- 12:15 – 1:15 Lunch break (buffet lunch provided)
- 1:15 – 2:15 BrCa Rehabilitation: Upper quadrant dysfunction with hands-on practice (Linda Roherty)
- 2:30 – 4:30 Updates in the treatment of patients with obesity-associated lymphedema and lipedema-syndrome (Tobias Bertsch)

**Tuesday, May 13th**

- 8:00 – 9:00 BrCa Rehabilitation lecture with hands-on practice continued (Linda Roherty)
- 9:00 – 12:00 UE and LE Bandaging with SoftCompress liner and Reversa wrap (John Jordi)
- 12:00 – 1:00 Lunch break (buffet lunch provided)
- 1:00 – 2:30 Yoga and Dance to facilitate decongestion and ROM (Anika Meckesheimer)
- 2:30 – 3:00 Getting ready for class trip to Feldberg
- 3:00 – 9:00 Bus trip to Feldberg followed by dinner at Menzenschwander Hütte

**Wednesday, May 14th**

- 7:30 – 12:00 Therapy observation (shadowing a Földi Therapist)
- 12:00 – 1:15 Lunch break (buffet lunch provided)
- 1:30 – 4:30 Debrief of morning session and Case Study review (Uschi Walz, GK, LR & Gösta Weise)

**Thursday, May 15th**

- 8:00 – 9:45 Precision and Innovation: Measuring for Jobst® Confidence
- 9:45 – 10:00 Break
- 10:00 – 12:00 A look into the psychological treasure chest, including tips on how to avoid burnout while working with patients with lymphedema and lipedema-syndrome (Gabriele Erbacher)
- 12:00 – 12:30 Final remarks – End of Part 1

**Friday/Saturday, May 16th – 17th**

Course participants will attend the International Földi Days in Titisee. Coach bus transportation from Hinterzarten to Symposium venue in Titisee is provided.

This Advanced & Review  
Course is sponsored by:



\*Curriculum and presenters are subject to change without prior notice.



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**Group 2: Friday, May 16th – Wednesday May, 21st, 2025**

**Friday/Saturday, May 16th – 17th**

Course participants will attend the International Földi Days in Titisee.

Coach bus transportation from Hinterzarten to Symposium venue in Titisee is provided.

**Sunday, May 18th**

1:00 – 2:00 Welcome and Orientation

2:00 – 5:00 MLD updates and hands-on practice (Guenter Klose, Linda Roherty, Földi Instructor)

**Monday, May 19**

8:00 – 9:45 Precision and Innovation: Measuring for Jobst® Confidence

10:00 – 12:00 A look into the psychological treasure chest, including tips on how to avoid burnout while working with patients with lymphedema and lipedema-syndrome (Gabriele Erbacher)

12:00 – 1:00 Lunch Break

1:00 – 2:15 BrCa Rehabilitation: Upper quadrant dysfunction with hands-on practice (Linda Roherty)

2:30 – 4:30 Updates in the treatment of patients with obesity-associated lymphedema and lipedema-syndrome (Tobias Bertsch)

**Tuesday, May 20th**

8:00 – 9:00 BrCa Rehabilitation lecture with hands-on practice continued (Linda Roherty)

9:00 – 12:00 UE and LE Bandaging with SoftCompress liner (Guenter Klose)

12:00 – 1:00 Lunch break

1:00 – 2:30 Yoga and Dance to facilitate decongestion and ROM (Anika Meckesheimer)

2:30 – 3:00 Getting ready for class trip to Feldberg

3:00 – 9:00 Bus trip to Feldberg with dinner at Menzenschwander Hütte

**Wednesday, May 21st**

7:30 – 12:00 Therapy observation (shadowing a Földi Therapist)

12:00 – 1:15 Lunch break

1:30 – 4:30 Debrief of morning session and case study review (Uschi Walz)

4:30 – 5:00 Final remarks – End of class

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