

COMMON THERAPY ABBREVIATIONS

The following list reflects medical abbreviations used in the Klose Training & Consulting MLD/CDT training manual. A complete list of common medical abbreviations is available at: www.wikipedia.org

ā	Before	CRPS	Complex Regional Pain Syndrome
A	Anterior		
A	Assessment	CSF	Cerebral spinal fluid
AAA	Abdominal aortic aneurysm	CT	Computed axial tomography
A&P	Anatomy and physiology	CVI	Chronic venous insufficiency
ABD	Abduction	CVM	Congenital vascular malformations
AC	Acromioclavicular joint		
ADD	Adduction	CXR	Chest X-ray
ADL	Activity of daily living	DD	Differential diagnoses
ALND	Axillary lymph node dissection	DF	Dorsiflexion
Amb	Ambulate	DM	Diabetes Mellitus
ANS	Autonomic nervous system	DNR	Do not resuscitate
AROM	Active range of motion	DVT	Deep vein thrombosis
ARF	Acute renal failure	Dx	Diagnosis
A-V	Arterio-venous	E Stim	Electrical stimulation
AWS	Axillary web syndrome	ER	External rotation
B	Bilateral	ESRD	End-stage renal disease
BCP	Blood capillary pressure	Ev	Eversion
B.I.D.	Twice daily	Ex	Exercise
BMD	Bone mineral density	FDA	Food and drug administration
BMI	Body mass index	Flex	Flexion
BMT	Bone marrow transplant	FWB	Full weight bearing
BP	Blood pressure	Fx	Fracture
BPM	Beats per minute	Gm/dl	Gram per deciliter
BrCA	Breast cancer	GI	Gastrointestinal
Bx	Biopsy	H/A	Headache
c	With	Hb	Hemoglobin
CA	Carcinoma	HCT	Hematocrit
CAT	Computed axial tomography	HEP	Home exercise program
CBC	Complete blood count	HP	Hot pack
CDT	Complete decongestive therapy	HGB	Hemoglobin
CHF	Congestive heart failure	H&N	Head and neck
CKC	Closed kinetic chain	H&P	History and physical
CLT	Certified lymphedema therapist	HR	Heart rate
		HRT	Hormone replacement therapy
		HT	Hypertension
cm	Centimeter	Hx	History
CNS	Central nervous system	I	Independent
Contralateral	In the opposite side	IBD	Inflammatory bowel disease
COP	Colloid osmotic pressure	IBS	Irritable bowel syndrome
COP ₁	Colloid osmotic pressure of the interstitium	ICU	Intensive care unit
COP _p	Colloid osmotic pressure of the plasma	IDDM	Insulin dependent diabetes mellitus
CP	Cold pack	IFP	Interstitial fluid pressure
CRF	Chronic renal failure	I.M.	Intramuscular
CRI	Chronic renal insufficiency	IP	Interphalangeal joint
		IU	International units

i.v.	Intravenous	Pt	Patient
Ipsilateral	On the same side	PVD	Peripheral vascular disease
Kg	Kilogram	PWB	Partial weight bearing
(L)	Left	q	Every
L	Leukocytes	q.d.	Every day
L	Liters	q.h.	Every hour
L	Lumbar	q.i.d.	4x/day
LANA	Lymphology Association of North America	QOL	Quality of life
LE	Lower extremity	(R)	Right
LL	Lymph load	RA	Rheumatoid Arthritis
Ln	Lymph node	RBC	Red blood cells
Lnn	Lymph nodes	RLQ	Right lower quadrant
LQ	Lower quadrant	R/O	Rule out
LTV	Lymph time volume	ROM	Range of motion
Ly	Lymphocytes	Rot	Rotation
Max	Maximal	RR	Respiratory rate
MC	Metacarpal	RSD	Reflex sympathetic dystrophy
MCP	Metacarpal phalangeal joint	RT	Radiation therapy
MFR	Myofascial release	RUQ	Right upper quadrant
Min	Minimal	Rx	Prescription/Treatment
Mm	Muscle	S	Subjective
ml	Milliliter	SB	Side bend
MLD	Manual lymphatic drainage	SBA	Standby assist
Mmt	Manual muscle test	SD	Standard deviation
Mob	Mobilization	SLNB	Sentinel lymph node biopsy
Mod	Moderate	SNS	Sympathetic nervous system
MRI	Magnetic resonance imaging	SOAP	Subjective, Objective, Assessment, Plan
MT	Metatarsal	SOB	Shortness of breath
MT	Massage therapist	S/P	Status post
MTP	Metatarsal phalangeal joint	STM	Soft tissue mobilization
n	Sample size	Sup	Supination
NS	Nervous system	Sx	Surgery
NSAIDs	Nonsteroidal anti- inflammatory drugs	TC	Transport capacity
NSS	Normal saline solution	TD	Thoracic duct
NWB	Non weigh-bearing	Ther Ex	Therapeutic exercise
O	Objective	t.i.d.	Three times per day
OKC	Open kinetic chain	Tx	Treatment
p	After	VEGFR	Vascular endothelial growth factor receptor
P	Plan	UE	Upper extremity
P	Posterior	US	Ultrasound
PE	Pulmonary embolism	WBC	White blood cells
PF	Plantar flexion	W/C	Wheelchair
PIP	Proximal interphalangeal joint	WFL	Within functional limits
PMHx	Past medical history	WNL	Within normal limits
PNS	Parasympathetic nervous system	WS	Watershed
prn	As needed	x	except
PROM	Passive range of motion	x	Multiplied by
		XRT	External beam radiation therapy