

## Lymphedema Certification Course Schedule 2021\*

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
8:00	Introduction & Orientation, FDAQ**	Integration of concepts: Review of FDAQ, Q&A	MLD: self-directed with instructor supervision	Patient demo	Written Exam	MLD: Self-directed practice (LE) with instructor supervision	Vendor in-service
8:30							Review of H&N (MLD demo/Q&A)
9:00	MLD: neck, abdomen, anterior trunk, incl. axillary and inguinal LN <i>(To be continued in afternoon, as necessary)</i>	MLD: Review of day 1 + posterior trunk and arm UE Sequence <i>(To be continued in afternoon, as necessary)</i>	UE Bandaging with gray foam & dorsal pad	Fibrous tissue techniques --- LE Bandaging (if time permits)	MLD: LE sequence	Vendor in-service	Integration of concepts: DD Case Studies (Edema vs. Lymphedema)
9:30							Awarding Certificates
10:00							
10:30							
11:00							
11:30							
12:00	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	End of class 12:30pm
12:30							
1:00	MLD <i>(Continued from morning session)</i>	MLD <i>(Continued from morning session)</i>	UE Bandaging <i>(continued from morning session)</i>	LE Bandaging practice with Rosidal-soft to knee	LE Bandaging practice with gray foam and/or Soft-compress (if available)	Bandaging Lab: LE	
1:30							
2:00	UE Bandaging with SoftCompress Liner (with or w/out dorsal pad)	Self-bandaging with Caresia and Q&A about HEP and self-care	Integration of concepts: UE case studies	Integration of concepts: LE case studies	Compression garment fitting review/Q&A		
2:30							
3:00	UE Bandaging with Rosidal-soft	Integration of concepts: Compression garments; review of daytime and nighttime garments	Integration of concepts: UE case studies	Integration of concepts: LE case studies	Compression garment fitting review/Q&A		
3:30							
4:00							
4:30							
5:00							
5:30							
6:00	Class ends at 6:15pm on Day 1-6						
6:15	Class ends at 6:15pm on Day 1-6						

\*Subject to change without prior notice

\*\*FDAQ = First Day Assessment Quiz