

## COVID-19 Update, Policy and Waiver

At Klose Training, we are extremely concerned about the health and wellbeing of our students and instructors. To reduce the potential exposure to COVID-19, we have changed from our traditional 135-hour lymphedema certification course format (45 hrs. of online home study and 90 hrs. of in-classroom training), to a 135-hour course format that consists of 75 hrs. of online home study and 60 hrs. of in-classroom, live instruction. Click [here](#) to see our most current schedule of dates and locations.

In addition, Klose Training is also currently offering an innovative 135-hour online-only lymphedema certification course. These online-only courses are currently being conducted as a 10-week program. For details about our online-only lymphedema certification training, please contact our office at [info@klosetraining.com](mailto:info@klosetraining.com) or call 303-245-0333.

### FAQs:

**Q: Is there a difference in course content, between the traditional and the new course formats?**

**A:** No; the new course formats cover everything that is covered in the traditional format.

**Q: What are the advantages of these new educational formats?**

**A:** There are several advantages:

- a. Lectures can be reviewed as many times as needed until the material is internalized by the student.
- b. Practice quizzes throughout the online module allow the student to assess their knowledge at their own pace and convenience, in a stress-free environment.
- c. All lectures are accessible and can be reviewed for one full year after completing the course.
- d. Questions about lecture content can be directed to a Klose Training Instructor at any time throughout the study process.
- e. The new course formats save time and money.
- f. The new course formats reduce, and even eliminate, the person-to-person contact during the current COVID-19 pandemic.

**Q: Are there any disadvantages to engaging in the new course formats?**

**A:** There are no disadvantages for students enrolled in the new 135-hour certification which is split into online home study and in-classroom learning; however, the following challenges need to be recognized and accepted by students enrolling in an online-only lymphedema training:

- a. Students registering in the online-only course, must be motivated! It takes dedication and discipline to successfully work through the self-directed learning and practice time required.
- b. Students must have stable, high-speed internet, an appropriate device with camera and microphone to connect by Zoom, and a massage table and available volunteer person to practice MLD and bandaging techniques throughout the time of the course.
- c. The online-only course does not make the student eligible to sit for the LANA exam (see below).

**Q: What are my options if I decide to participate in the online-only lymphedema certification training, but want to improve my skills later on in a classroom setting?**

**A:** Klose Training will schedule several 3-day skill-building courses throughout next year for students who have completed the online-only lymphedema certification training.

**Q: Are the new course options approved by the Lymphology Association of North America (LANA)?**

**A:** The new course formats do not qualify our graduates to sit for the LANA exam. LANA regrets that they are currently unable to offer flexibility but promise to explore, though not guarantee, the possibility of offering retroactive qualification to those therapists who are trained in less traditional formats during the pandemic. A final determination is not expected until early 2021.

**Q: Am I able to practice lymphedema therapy without LANA certification?**

**A: Yes;** LANA certification is neither a requirement for practicing lymphedema therapy nor a guarantee of the quality of a therapist's work. The exam can only test factual knowledge. Effective therapy depends principally on the integrity and skills of the individual therapist and the support of her healthcare facility to ensure that treatment is provided at sufficient frequency to ensure efficacy.

# Klose Training Lymphedema Certification

## Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. **COVID-19 is extremely contagious** and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Klose Training has put in place the following preventative measures in an attempt to reduce the risk of contracting COVID-19 in the classroom; however, Klose Training cannot guarantee that you will not become infected with COVID-19 as a result of participating in the class.

Preventative measures Klose Training instructors and students will take in the classroom (please initial where indicated):

- Klose Training will provide one (1) new, unused face mask to each instructor and student each day of the class.
- Instructors and student will be required to wear masks in the classroom at all times.
- Klose Training will limit the number of students in each class to allow for social distancing between tables.
- Klose Training will provide hand-sanitizer and encourage handwashing often.

\_\_\_\_ Your course instructor will conduct temperature checks every morning before class. If the student's temperature is  $\geq 100.4^{\circ}\text{F}$ , the student will not be permitted to participate in the class that day. Participation on the following days will be decided on a case-by-case basis by the course instructor. Please arrive early enough every morning to "cool off" after traveling in a hot car or walking to class in warm weather.

\_\_\_\_ Klose Training reserves the right to refuse a student who has experienced any of the following symptoms within 10 days prior to the start of the class: fever (temperature of  $\geq 100.4^{\circ}\text{F}$ ), cough, trouble breathing (shortness of breath), sore throat, and/or loss of taste or smell.

\_\_\_\_ You'll be required to answer the following question **3 days PRIOR** to the start day of the course: Have you had known contact with someone diagnosed/confirmed positive with COVID-19 in the past 14 days? (yes/no) If your answer is "yes" to the question, Klose Training requires you to be tested for COVID-19 and be able to submit a negative test result **PRIOR** to the start of class.

\_\_\_\_ If a student experiences any of the symptoms listed above during the class, s/he is required to report to the course instructor immediately. The course instructor will decide about dismissal from the class on a case-by-case basis.

\_\_\_\_ The course instructor will have full authority as to decide who is allowed to attend the class each day.

\_\_\_\_ If a student cannot finish the class due to illness, Klose Training will work to reschedule the student for a future class.

\_\_\_\_ Klose Training will work within the guidelines of each state/county restrictions for Covid19 protection, as each class location, may be different than the state you are from.

It's important to understand that students must work directly with a partner to practice the manual techniques of MLD and compression bandaging. This does not allow us to "socially-distance" completely in the classroom. Furthermore, the instructor will circulate throughout the room and must be within 6' of students in order to provide instruction and coaching.

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By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending the Klose Training Lymphedema Therapy Certification and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the class may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Klose Training employees and program participants. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my attendance and participation. With my signature below, I hereby release, covenant not to sue, discharge, and hold harmless Klose Training, its employees, agents, and representatives, of and from any claims, including all liabilities, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of Klose Training, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Klose Training program.

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Student's Signature

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PRINTED NAME

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DATE