

## Is this Lymphedema Therapy Online Certification a good match for you?

Learning from the safety and comfort of home is appealing, especially during these unprecedented times. That being said, we want to set you up for success and we have found some challenges to learning remotely. Please take time to ask yourself each of the questions below and answer honestly. If you answer “yes” to each question, what are you waiting for? Register now! If you answer “no” to any of these questions, but you are still strongly interested, please contact us ([info@klosetraining.com](mailto:info@klosetraining.com) or 303-245-0333) for assistance.

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| 1. Do you have the necessary Internet/Zoom capability as outlined above?  | Yes | No |
| 2. Do you have a suitable space with adequate lighting for the Zoom meetings?   | Yes | No |
| 3. Are you able to participate in the required Zoom meetings without the distraction of phone calls, texting, providing child and/or pet care, or other chores? | Yes | No |
| 4. <b>Did you discuss</b> the practice time requirement (~30 hours) with your volunteer person?   | Yes | No |
| 5. <b>Did you discuss</b> the necessary video recording with your volunteer person?   | Yes | No |
| 6. Do you have the necessary time available between Zoom sessions to complete homework and practice skills?   | Yes | No |
| <i>Note: Participants who work &gt;20hours/week will not be permitted to participate in the accelerated online course.</i>                                      | Yes | No |
| 7. Are you a self-motivated, self-directed learner who is able to complete course assignments on time?  | Yes | No |
| 8. Do you have access to the necessary course equipment, i.e. massage table, smart phone and tripod for video recording?  | Yes | No |