

Important Terminology and Synonyms to know for the CLT-LANA® Exam

Synonyms

There are many instances in which different words or phrases mean the same thing. We suggest you become familiar with the synonyms below so you are not confused when you come across terms different from those commonly used by Klose Training.

Lymphatic Anatomy

Drainage region/territory = Lymphotome/s = Lymphosome/s

Lymph vessel = Lymph collector

Lymphangion = smallest unit within a lymphatic vessel/collector

Anastomosis = Connection

Lympho-lymphatic anastomosis = Connection between lymph vessels

Lympho-venous anastomosis = Connection between a lymph vessel and a vein

Axillo-axillary anastomosis = Inter-axillary anastomosis

Inguino-inguinal anastomosis = Inter-inguinal anastomosis

Physiology

Blood capillary pressure = Hydrostatic pressure in the capillary

High output failure = Dynamic insufficiency = High volume Insufficiency

Low output failure = Mechanical insufficiency = Low volume insufficiency

Phlebology = Study of the veins

Phlebologist = Specialist in venous disorders

Phlebo-lymphedema = edema caused by a combination of venous and lymphatic failure

Pathophysiology/Pathology

Prophylaxis = Prevention

Classic signs of inflammation:

Calor = Heat

Dolor = Pain

Rubor = Redness

Tumor = Swelling

Function laesa = Loss of function

Fibrosis = Build-up of connective (scar) tissue

Lymphostatic fibrosis = Connective tissue build-up in lymphedema

Radiation fibrosis = Induration/hardening of tissue in a radiated area

Lymphocele = Seroma = Pseudocyst

Hemosiderin staining = Brownish discoloration resulting from venous insufficiency

Lipodermatosclerosis = Inflammatory change in the skin and subcutaneous tissue due to chronic congestion

Lymphatic System

Lymphedema = Lymphostatic edema = Protein-rich edema

Lymphedema (American spelling) = Lymphoedema (British spelling)

Lymph stasis = Result of reduced lymph flow = Stagnation of lymph fluid which may result in lymphedema

Most Common Acronyms*

CDT = Complete decongestive therapy

MLD = Manual lymph drainage

CLT = Certified Lymphedema Therapist

CHF = Congestive heart failure

BCP = Blood capillary pressure

IP = Interstitial pressure

IFP = Interstitial fluid pressure (this is the same as interstitial pressure/IP)

COP = Colloid osmotic pressure = Oncotic pressure

COP_(p) = Colloid osmotic pressure of the plasma (blood)

COP_(i) = Colloid osmotic pressure of the interstitium

CVI = Chronic venous insufficiency

DVT = Deep vein thrombosis

PDVT = Proximal deep venous thrombosis

ABI = Ankle brachial index

ABPI = Ankle brachial pressure index (same as ABI)

LVA = Lympho-venous anastomosis

SAPL = Suction-assisted protein lipectomy

CRPS = Complex regional pain syndrome

RSD = Reflex sympathetic dystrophy = CRPS 1

*The above listed acronyms are likely to appear in the CLT-LANA exam. A more extensive list of acronyms can be found in the Klose Training Student Manual in the Miscellaneous section.