

## Welcome to a quick tour of Limb Volumes Professional 3.0

**LVP3.0 was developed by therapists for therapists. It has been evaluated in the field and has received rave reviews for ease of use, accuracy, flexibility and for its utility in patient reporting and documentation use.**

**Its utility has further been demonstrated by its use in lymphedema clinical and research studies with scientific presentations at international meetings**

**It is the only automated limb volumes software that allows you to:**

- choose any segment length to make your limb volume determinations**
- accurately include hand volumes for upper extremities**
- accurately include foot volumes for lower extremities**
- immediately view graphics display of segment-by-segment comparisons**
- provide valid tabulated and graphic summary reports for documentation**

**Please review the following sequence of slides made from screen shots that show some of the main features and procedural steps in more detail**

**If you have any questions please contact us at  
[info@bioscience-research.net](mailto:info@bioscience-research.net) or 954-205-7199**



# LIMB VOLUME CALCULATION, TRACKING & DOCUMENTATION

## Limb Volumes Professional Version 3.0

*A clinical innovation from Bioscience Research Institute*

This is a fully functional single machine license version of Limb Volumes Professional 3.0.

View

Full Screen

Reset Screen

LVP3.0 helps you to easily and systematically calculate, track, document and report your patients' limb volumes prior to and during the course of therapy.

1. Arm or Leg volumes with unilateral or bilateral involvement
2. Edema volume of affected limbs (unilateral involvement)
3. Percentage edema of affected limbs (unilateral involvement)
4. Option to include HAND volumes as part of total upper extremity assessment
5. Option to include FOOT volumes as part of total lower extremity assessment
6. Absolute and % changes in limb volumes for unilateral and bilateral

For each patient visit that you measure limb size, simply enter the limb circumferences and let the software calculate limb volumes and display the needed comparisons graphically to provide an image of how well treatment is progressing. You can name, save, print and recall patient records as with any Excel file

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to begin

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Patient's Name?	Patient's ID?	Unilateral or Bilateral?	Upper or Lower Extremities?
SAM JONES	123456789	1	UE
Type patient's name and ID in yellow boxes above and choose if unilateral or bilateral, upper or lower extremity		Unilateral Bilateral	Upper Extremity Lower Extremity
Since this is an UPPER extremity case, you have the option to include HAND volumes. A built in algorithm estimates hand volumes and automatically adds it to arm volumes. To activate the hand volume option select 'Include Hand Volumes' from the listbox			Include Hand Volumes Exclude Hand Volumes <b>HAND VOLUME ACTIVE</b> Include Foot Volumes Exclude Foot Volumes

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### Only four pieces of info are needed

1. Patient's name
2. Patient's ID
3. Unilateral or bilateral limb involvement
4. Upper or lower extremity

Next Step

**Enter Limb Lengths**

If this is an upper extremity case, you have the option of including hand volume measurements. If it is a lower extremity case you have the option of including foot volumes. No other software offers this capability!



If this is your INITIAL session with this patient then begin by entering patient information in the patient data page [Patient Data Page](#)

If this is the patient's 1<sup>st</sup> visit then click here

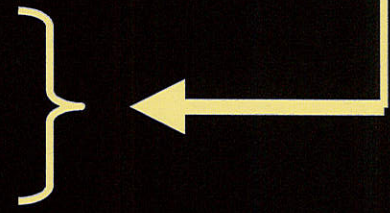
If this is a FOLLOW-UP visit your patient's initial data has already been entered.

OPTIONS For all subsequent visits you would go directly to the visit #

If this is a UPPER extremity case, and you have chosen to include hand volumes then you should proceed to the HAND data entry page. If this is a LOWER extremity case and you have chosen to include foot volumes, proceed to the FOOT data entry page

Otherwise, proceed to the appropriate visit number by clicking on the list

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Serial Number JNK2088685040R/AF327159779  
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Info/technical support: [info@bioscience-research.net](mailto:info@bioscience-research.net)  
954-205-7199



Patient's name	Patient's ID	Number of affected limbs	Extremities
SAM JONES	123456789	1	UE

**Enter patient's limb and hand/foot parameters on 1<sup>st</sup> visit only**  
 Once you enter the limb length you can choose to measure circumferences using any separation (segment length). No other software offers this flexibility!

1. LIMB LENGTH: Enter distance from wrist to upper-most point on arm that you will measure circumferences → **Limb Length**  cm
  2. SEGMENT LENGTH: Choose distance between adjacent circumference measurements. Normally these are at 4 cm intervals but you can choose any segment length. To accept default do nothing else enter a new value → **Seg Length**  cm
- HAND RECORDING OPTION IS ACTIVE: ENTER HAND VALUES**
3. HAND LENGTH: Since hand option chosen, enter the distance from the middle finger nailfold to the wrist → **Hand Length**  cm
  4. HAND SEGMENTS: Choose fixed interval you will measure the hand circumferences. Normally these are at intervals of 3 cm but you can choose any segment length. To accept default do nothing else enter a new value → **Seg Length**  cm

LAST STEP

Enter HAND Circumferences for Visit 1



## Enter Hand Circumferences (Optional)

This form is used to calculate hand volumes. Hand length and circumference measurement intervals are already set in the START page  
 After you enter hand circumferences below, hand volumes are automatically calculated and added to arm volumes for each visit

Hand Length (cm)		For the current visit, enter hand circumferences for segments 1 through 8 After entering these, click on current visit to begin entering Arm Circumferences																											
		HAND CIRCUMFERENCES (cm)																											
		cm from		Seg		Visit1		Visit2		Visit3		Visit4		Visit5		Visit6		Visit7		Visit8		Visit9		Visit10		Visit11		Visit12	
Segment	nail	num	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	
3	0	1	14	10																									
3	6	2	16	11																									
	9	3	18	12																									
# of full Segments	12	4	20	13																									
	15	5	22	14																									
	18	6	24	15																									
	21	7	26	16																									
Partial Segment	22	8	28	18																									
Length (cm)																													
1																													
		HAND VOLUMES (ml)																											
		Visit1		Visit2		Visit3		Visit4		Visit5		Visit6		Visit7		Visit8		Visit9		Visit10		Visit11		Visit12					
total # segments		Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm	Tx	Norm
8		684	277	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

All that is needed here is to enter hand circumferences at automatically predetermined sites. A special algorithm automatically calculates hand volumes and adds it to the limb volume and also presents hand volumes separately



## Enter Foot Measurements (Optional)

This form is used to calculate FOOT volumes. Refer to the foot measurement instructions and the foot image for definitions  
 After you enter data below, foot volumes are automatically calculated and added to leg volumes for each visit

[Show Foot](#)    
 [View Instructions in PowerPoint](#)    
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Enter data in mm. After entering foot data, click on current visit to begin entering leg Circumferences

Foot Measurement Parameters	FOOT MEASUREMENTS (mm)																								
	Visit1		Visit2		Visit3		Visit4		Visit5		Visit6		Visit7		Visit8		Visit9		Visit10		Visit11		Visit12		
	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	
L4																									
L3																									
WX																									
WZ																									
WY																									
L12																									
L8																									
W12																									
W8																									
W4																									
HX																									
HZ																									
HY																									
Enter data in mm	FOOT VOLUMES (ml)																								
	Visit1		Visit2		Visit3		Visit4		Visit5		Visit6		Visit7		Visit8		Visit9		Visit10		Visit11		Visit12		
	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	Ts	Norm	
	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

On this page you enter foot measurements according to a carefully constructed procedure from which foot volumes are automatically determined and added to leg volumes and also shown as foot volume separately.





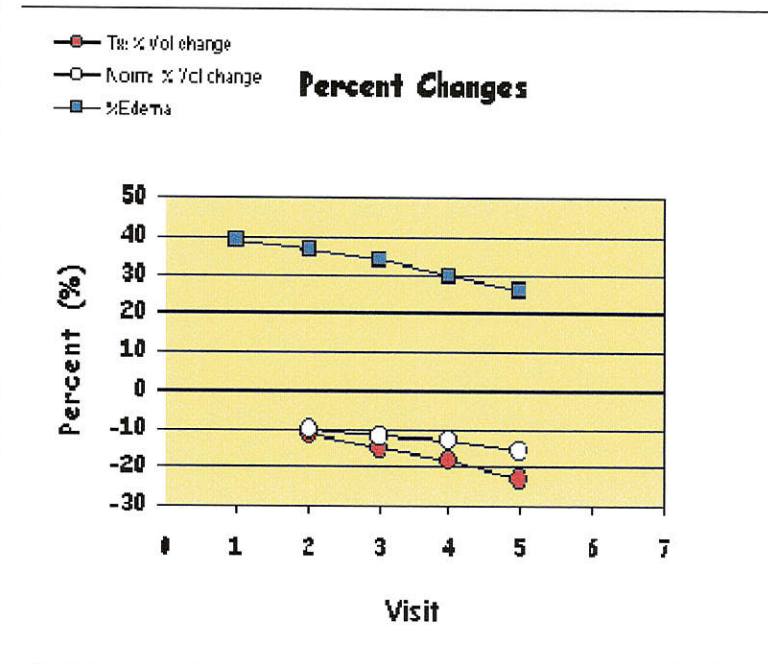
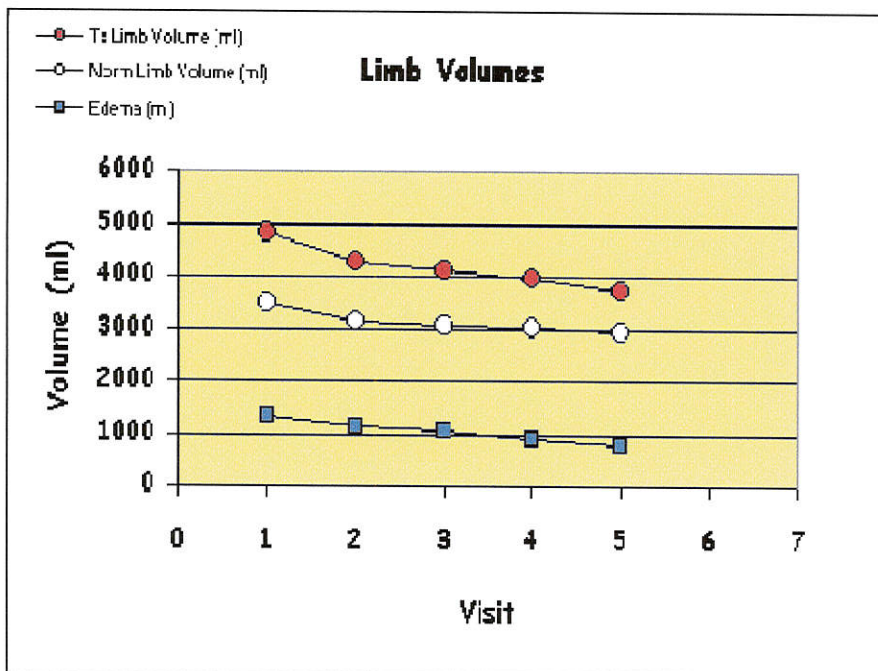


# Summary Report

Summary Report for **Gloria Patient** ID **123-45-6789** **Unilateral Upper Extremity** 6/28/2003 23:57

Visit	1	2	3	4	5	6	7	8	9	10	11	12
<b>Ts Limb Volume (ml)</b>	4640	4290	4123	3943	3714							
<b>Norm Limb Volume (ml)</b>	3497	3138	3071	3037	2945							
<b>Edema (ml)</b>	13486	1152	1052	905.6	769.48							
<b>%Edema</b>	38.6	33.7	34.3	23.8	26.1							
<b>Ts: % Vol change</b>		-11.4	-14.8	-18.5	-23.3							
<b>Norm: % Vol change</b>		-10.1	-12.0	-13.0	-15.6							

All important parameters are tabulated sequentially and graphed for easy viewing. The page can be printed and used directly as the report.



Note: In the above graphics, Visit refers to patient visits during which limb volume measurements were made

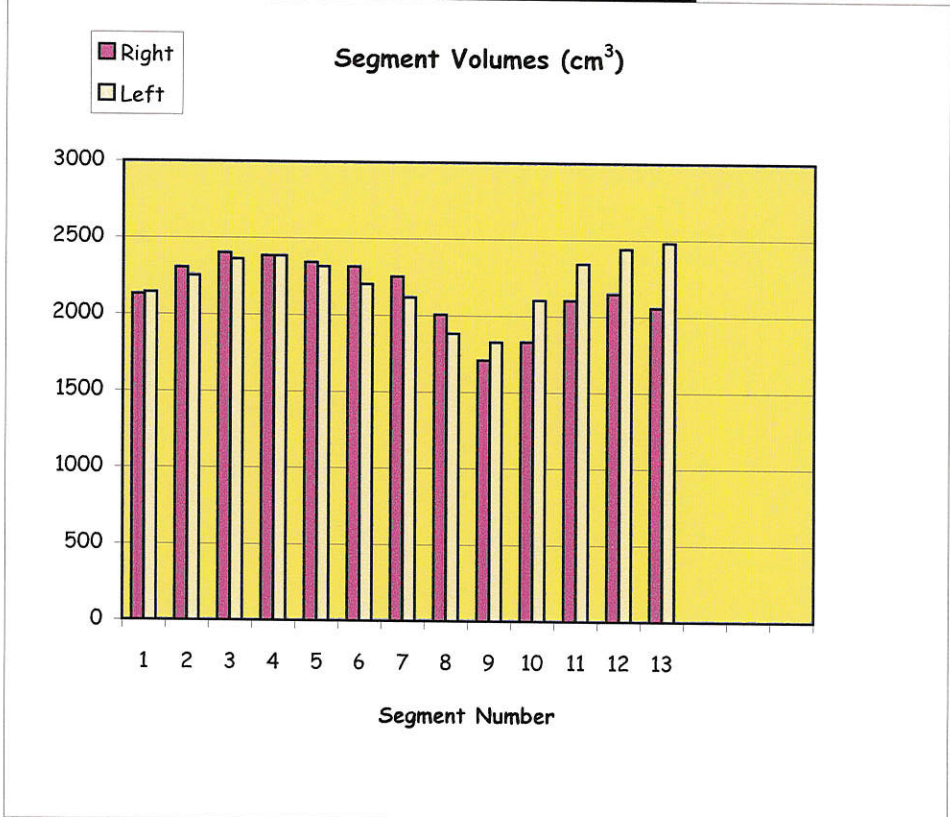
For bilateral cases the labels are automatically changed to reflect right and left limb volumes and percentage changes in limb volume



# Case Study



Enter data in yellow cells		Notes: Tx is affected limb undergoing treatment; Norm is contralateral limb for comparison				<b>View</b>							
Visit 1	Limb Length	If both limbs are affected (bilateral) then limbs are designated as right and left								Segment Length (cm)		Total # Segments	
	52									4			
From data there are	13	full segments plus one partial segment of length =								0		13	
Enter circumferences starting from wrist or ankle into columns B and C													
cm from	Note that the first circumference pair to be entered for "0" cm corresponds to either the wrist or ankle				Total Limb values		Right	Left	Edema	%Edema			
wrist/ankle	Circumferences (cm)		segment number		Volumes (cm <sup>3</sup> )		27975	28850	-874	-3.0			
	Right	Left			Surface Area (cm <sup>2</sup> )		4320	4376					
0	80	81.5			Right	Left							
4	83.5	82.5	1		2129	2141	330	328					
8	86.6	85.7	2		2304	2253	343	339					
12	87	86.5	3		2399	2361	347	345					
16	86	86.5	4		2383	2383	346	346					
20	85.5	84	5		2342	2315	343	343					
24	85	82.3	6		2315	2202	341	333					
28	83.2	80.8	7		2253	2118	337	327					
32	75.5	73	8		2007	1885	332	322					
36	71	78.5	9		1709	1828	298	310					
40	80.5	84	10		1830	2103	324	333					
44	82	87.5	11		2102	2342	326	346					
48	82.2	87.5	12		2147	2438	328	350					
52	78.5	89	13		2056	2480	325	354					



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Therapist **Joan Glunk**

Pt. Name **K.M.**

ID **0**

Tx number

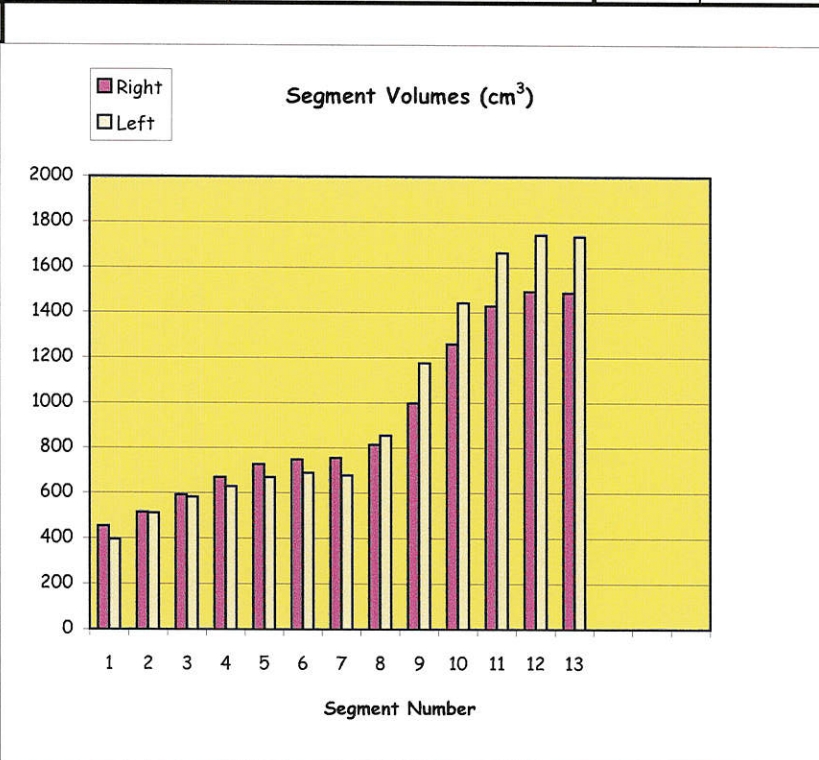
Date **20-May-03**



Enter data in yellow cells				<b>View</b>	
Visit 5	Limb Length	Segment Length (cm)	Total # Segments		
	52	4	13		
From data there are	13	full segments plus one partial segment of length =	0	13	
Enter circumferences starting from wrist or ankle into columns B and C					

cm from wrist/ankle	Circumferences (cm)		segment number	Volume (cm <sup>3</sup> )		Area (cm <sup>2</sup> )	
	Left			Right	Left	Right	Left
	0	36.6		32			
4	38.9	38.4	1	454	396	152	145
8	41.5	41.7	2	515	511	162	162
12	44.7	43.8	3	592	582	174	172
16	47	45	4	670	628	184	178
20	48.5	46.7	5	726	670	191	184
24	48.4	46.3	6	748	689	194	186
28	49	45.9	7	755	677	195	184
32	52.1	57.5	8	814	855	204	228
36	59.8	64	9	999	1176	234	251
40	66	70.6	10	1261	1444	259	278
44	68	74	11	1430	1665	269	292
48	69	74	12	1494	1744	274	296
52	67.7	73.7	13	1488	1737	274	295

Total Limb values	Right	Left	Edema	%Edema
Volumes (cm <sup>3</sup> )	11945	12773	-828	-6.5
Surface Areas (cm <sup>2</sup> )	2765	2851		



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Therapist **Joan**      Pt. Name **K.M.**      Date **15-Aug-03**

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