



Nicola McGill, LLSA, LMT, BCTMB, CLT-LANA

MLD Instructor

Nicola McGill has over 15 years of experience in the field of massage and bodywork both in the U.S. and the United Kingdom. She is a graduate of the London School of Aromatherapy and received diplomas in Reflex Touch and Manual Lymphatic Drainage in Professional Practice at Anglia Polytechnic University, U.K.

Upon relocating to the U.S., Nicola received extensive training in the field of oncology massage - including scar tissue release for post-mastectomy patients - under the instruction of Gayle MacDonald, MS, LMT and Sandy Canzone, DOM. In 2010, Nicola received her Lymphedema Therapy Certification through Klose Training and Consulting. She also completed the Breast Cancer Rehabilitation, Head and Neck Lymphedema Management, and refresher MLD classes with Klose Training.

In her clinical practice, Nicola utilizes her bodywork skills as an aromatherapist, massage therapist, and MLD practitioner to treat a wide range of medical conditions, both chronic and acute, including conditions related to the respiratory, digestive, muscular-skeletal, nervous, and reproductive systems. She also provides individual aromatherapy consultations for clients requiring customized blends for skin care and general health-promoting practices.

Since May 2008, Nicola has been on staff at Boulder Community Hospital (BCH) as an Oncology Massage and Lymphedema Therapist. She promotes education and lymphedema risk-reduction practices at cancer support groups and individual treatment sessions while working alongside the Rocky Mountain Cancer Center (RMCC) and the BCH team of healthcare providers.

Nicola is also a team member of the Boulder Cancer Survivorship Program at Avanti Therapy where she provides lymphedema education and restorative and comfort-oriented bodywork treatments for individuals undergoing treatments for a cancer diagnosis and those who have completed their treatment.

Nicola belongs to the following professional organizations:

- National Certification Board for Therapeutic Massage & Bodywork (NCBTMB)
- Associate Bodywork & Massage Professionals (Certified Member)
- National Lymphedema Network (NLN)
- Society for Oncology Massage
- International Federation of Aromatherapists
- Lymphology Association of North America (LANA)

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