

Klose Training Lymphedema Certification Course Schedule*

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	
8:00	Introduction & Orientation	A&P Review Questions (Integration of concepts)	MLD: self-directed with instructor feedback	MLD: LE Sequence	Written Exam	Additional CS: Edema vs. Lymphedema?	
8:30							
9:00	MLD: basic techniques, neck, abdomen, axillary and inguinal LN.	MLD: UE Sequence including fibrous tissue techniques			Patient demo (live or virtual)	LE MLD practice	MLD Exam
9:30							
10:00							
10:30							
11:00							
11:30							
12:00	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break		
12:30							
1:00	MLD: UE Sequence (anteriorly)	UE Bandaging with gray foam	UE Bandaging practice	LE Bandaging with gray foam	LE Bandaging practice	Bandaging and CS Exam (each student completes one UE and LE bandage with foam)	
1:30							
2:00							
2:30							
3:00		UE Bandaging with Rosidal-soft	Compression Garments; review of daytime and nighttime garments		UE Case Studies	LE Case Studies	Awarding Certificates & Final Remarks
3:30							
4:00			Assign UE CS homework			Assign LE CS homework	
4:30							
5:00							
5:30							

*Schedule is subject to change without prior notice