

Patient/client (name, address, contact details).

Lower Limb and Genital Lymphoedema Questionnaire for Men (LLGLQ)


Self-completion questionnaire for men who have lower limb oedema and may also have genital area oedema / Lymphoedema.

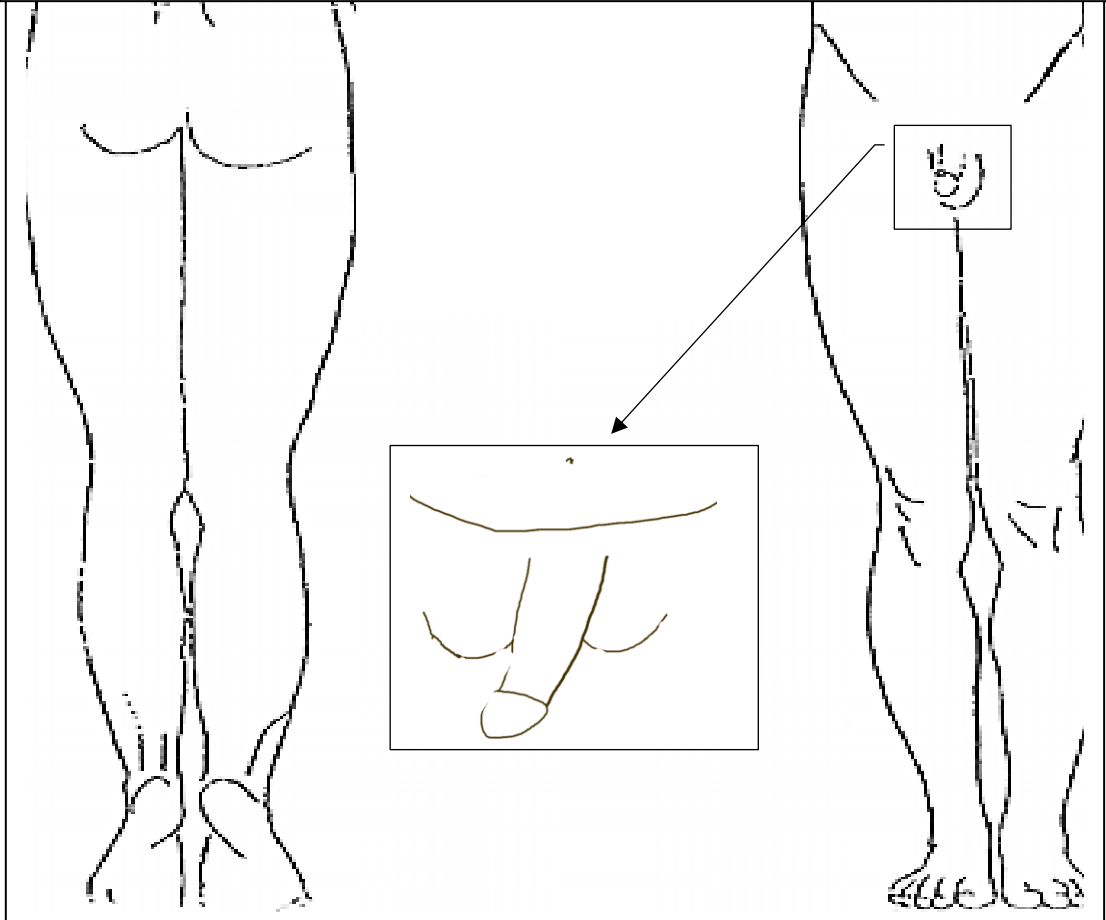
Today's date: _____

Swelling in the legs / genitals can be quite normal for a few weeks after some treatments or with some chronic conditions. Sometimes these can be difficult to describe but this questionnaire may help. Please complete the questions below to help us give you the appropriate advice and care.

Changes in your lower body since your cancer treatment		Not at all (or not relevant) 0	A little bit 1	Quite a bit 2	Very much 3
<i>(for example)</i>			✓		
I have swelling:	in my leg(s)				
	in my genitals				
If you feel you have <u>no</u> swelling at all you do not need to complete the rest of this questionnaire.					
The swelling is noticeably more by the end of the day					
The swelling is affecting:	which clothes/shoes I can wear				
	my sitting				
	getting in/out of bed				
	my walking				
	urination				
The skin around the swollen area:	my sexual function				
	feels tight				
	has changed colour				
	feels different				
The swelling gives me discomfort:	feels wet/cold				
	in my leg(s)				
	in my genitals				
I need to take painkillers for the discomfort					
During the last year have you needed antibiotics for infections (cellulitis) in your leg(s) or genitals?				Yes	No
If yes, how many times has this happened?					

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If you have swelling of your legs or genitals please show in this picture where it is, by shading like this: 



On average this week how severe has the swelling been?			
0 = No swelling	1 = a little bit	2 = quite a bit	3 = very swollen

Is there anything else you would like to tell us about how this is affecting you physically or emotionally?

	Yes	No
Have you been offered any advice or treatment for lymphoedema (swelling)?		
Would you like any information or advice?		
For completion by doctor/therapist/nurse:		
Referred to Lymphoedema service for assessment? (date)		