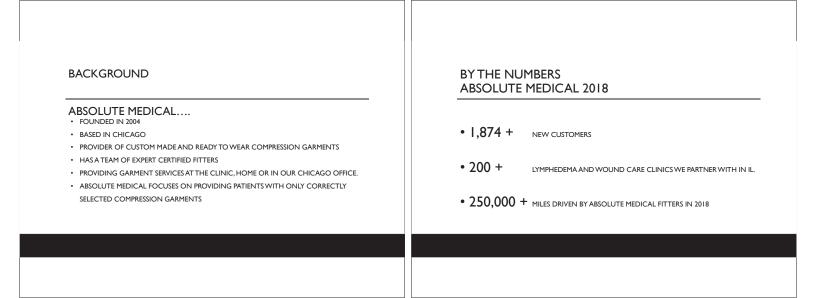
# TALKING COMPRESSION WITH YOUR PATIENT

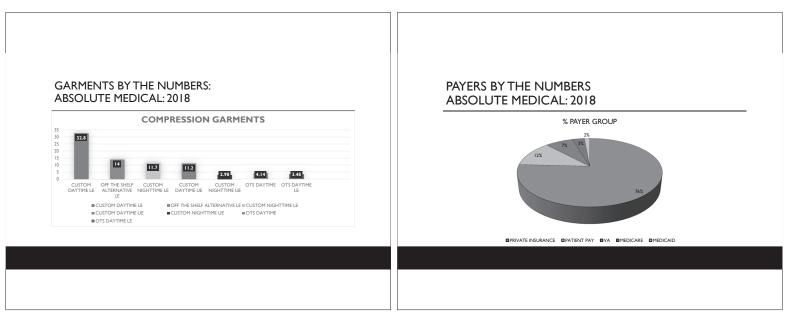
JOHN HOLLAND FOUNDER, COMPRESSION GARMENT FITTER, CO-OWNER, & VICE PRESIDENT ABSOLUTE MEDICAL, INC. MAY 3<sup>RD</sup> 2019

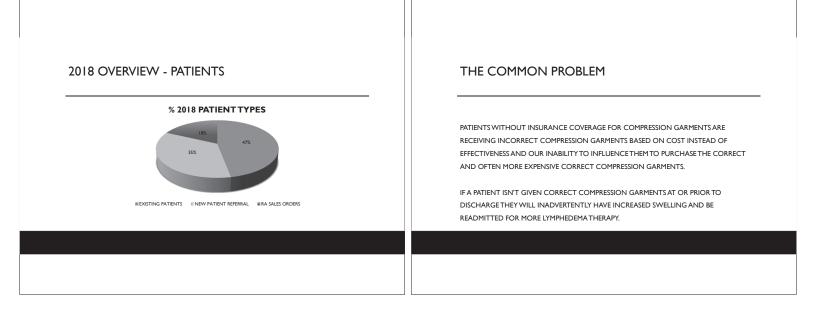
## OBJECTIVE

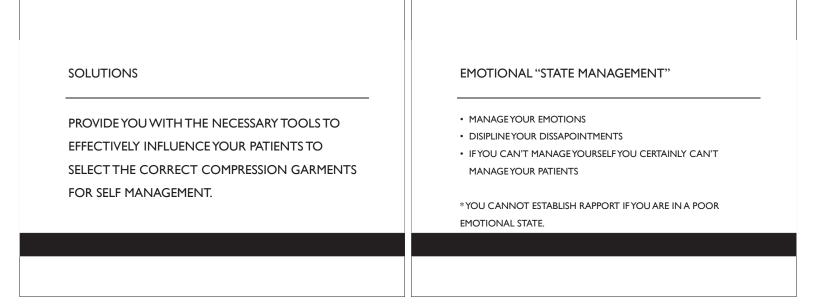
To discuss compression options with your patient to help ensure that they will be able to successfully self-manage their lymphedema for the rest of their lives with <u>correct</u> compression garments.

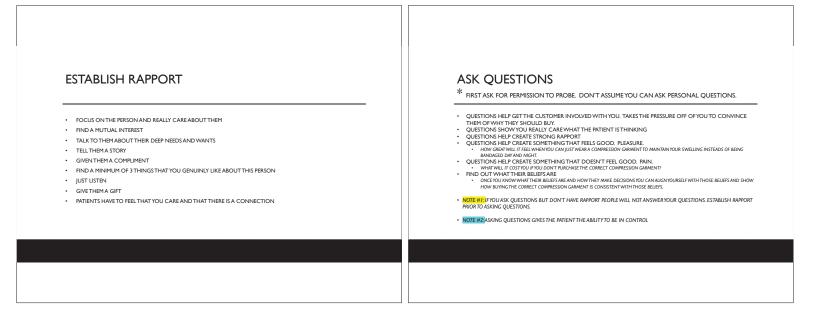












## BELIEFS THAT REQUIRE IMMEDIATE ATTENTION

- COMPRESSION DOESN'T WORK FOR ME
- MY MEDICARE WILL PAY FOR THIS
- MY LAST PAIR OF CUSTOM KNEE HIGHS ONLY COST \$50 FOR THE PAIR.
- I WILL NEVER BE ABLE TO GET THESE GARMENTS ON BY MYSELF

## DEVELOP CONGRUENCY

- WHAT YOU SAY VERBALLY AND NON VERBALLY MATCHES.
- THERE IS NO DOUBT ABOUT WHAT YOU MEAN
- CONGRUENCY IS FEELING ABSOLUTELY CERTAIN ABOUT WHAT YOU ARE SAYING.
   THE PERSON THAT FEELS MOST CERTAIN IS THE PERSON THAT INFLUENCES
- BUYING IS JUST THE TRANSFERRING OF EMOTION
- PEOPLE NEED TO FEEL CERTAIN THAT BUYING THE CORRECT COMPRESSION GARMENT WILL REDUCE PAIN AND
  INCREASE PLEASURE.

QUESTIONS YOUR PATIENTS WILL ASK AND WE MUST ANSWER THEM WITH POSITIVE CONGRUENCY.	IARE OBJ	ECTIONS AND TURN THEM INTO QUESTIONS.
I. WHAT IS IT?	OBJECTION: QUESTION:	I CAN'T AFFORD IT. WHAT WILL IT COST YOU IF YOU DON'T PURCHASE THIS GARMENT?
2. WHAT'S IN IT FOR ME?	OBJECTION:	I HAVE WORN COMPRESSION GARMENTS BEFORE AND THEY JUST DIDN'T WORK FOR ME? THEY CAUSED PAIN AT THE ANKLES AND CAUASED MY KNEES TO INCREASE IN SWELLING.
3. CAN YOU PROVE IT?	QUESTION:	DO YOU REMEMBER IF THEY READY TO WEAR GARMENTS?
4. WILL IT BE WORTH IT?	OBJECTION: QUESTION:	I WILL NEVER BE ABLE TO GET THOSE THINGS ON MYSELF CAN YOU REACH DOWN AND TIE OR VELCRO YOUR SHOES WITH BOTI
5. CAN I JUSTIFY THE PURCHASE?	QUESTION.	HANDS? THEN YOU CAN GET THESE GARMENTS ON BY YOURSELF.
6. DO I REALLY NEED IT NOW?	OBJECTION: QUESTION:	THEY COST TO MUCH! DO THEY COST TO MUCH OR HAVE I NOT DONE A GOOD JOB OF
	QUESTION.	EXPLAINING THEIR VALUE TO YOU?

	Stide 17 JH [2]1 John Holland, 4/14/2019
CREATING UNITS OF INTEREST	
1. MAKE A BIG FAT CLAIM THAT THEY ASSOCIATE TO. MAKE SURE IT IS SOMETHING THEY ARE INTERESTED IN.  2. "BECAUSE"	

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### GIVE YOUR PRESENTATION

- I. HAVE YOUR GARMENT SAMPLES READY
- DEMONSTRATE THE PRODUCT
   ASK THEM TO TOUCH AND FEEL THE PRODUCT
- I. COMPARE IT TO A PRODUCT THEY MAY HAVE RECEIVED BEFORE THAT DIDN'T PRODUCE GOOD RESULTS. (EX. CIRCULAR KNIT VS. FLAT KNIT)
- 4. EXPLAIN THE RETURN POLICY AND THE FIT GAURANTEE 5. HAVE TESTIMONIALS READY IF NEEDED
- 6. BE PREPARED TO TURN OBJECTIONS INTO QUESTIONS 7. MEASURE FOR THE GARMENTS
- 8. PROVIDE THE OUOTE

#### DEFINE THE PROBLEM IN SOLVABLE TERMS

PROBLEM:	I JUST CAN'T AFFORD THEM.
QUESTIONS:	IS IT THAT YOU CAN'T AFFORD THEM OR HAVE I NOT DONE A GOOD ENOUGH JOB OF EXPLAINING THIS PRODUCTS VALUE TO YOUR HEALTH?
IF IT IS COST:	TRY MINIMIZING THE PROBLEM, SETTING UP A PAYMENT PLAN, OR BREAKING UP THE ORDER SO THE ENTIRE COST IS SPREAD OUT OVER A FEW WEEKS.
IF IT ISVALUE:	PRESENT THE PRODUCT A SECOND TIME EXPLAINING THE VALUE AND HOW IN YOUR EXPERIENCE PATIENTS THAT HAVE PRESENTED JUST LIKE THEM HAVE SUCCEEDED WITH ITS USE. EDUCATE THEM AGAIN ON THE FIT GAURANTEE.

#### MINIMIZE THE PROBLEM

MINIMIZING THE PROBLEM WILL MAKE A LARGE PROBLEM LOOK SMALL

EXAMPLE:

CUSTOM KNEE HIGH COMPRESSION GARMENTS COST APPROXIMATELY \$450.00 FOR A PAIR THEY WILL BE MOST EFFECTIVE FOR A MINIMUM OF 6 MONTHS OR 180 DAYS OF USE. IF WE WERE TO MINIMIZE THE PROBLEM OF COST VALUE WE CAN DIVIDE THE TOTAL (\$450) BY THE NUMBER OF DAYS OF USE (180).

FOR \$2.50 A DAY A PATIENT CAN MAINTAIN PROPER LEG HEALTH FOR SUCCESSFUL SELF MANAGEMENT.

#### PRE FRAMING

PRE FRAMING IS WHEN A THERAPISTS SPEAKS POSITIVELY TO THE PATIENT ABOUT THE FITTING PROCESS PRIOR TO THE GARMENT EVALUATION WITH THE FITTER. IT IS A CASUAL INTRODUCTION. PRE FRAMING SHOULD BE DONE AFTER THE THERAPIST HAS ESTABLISHED RAPPORT OR TRUST WITH THE PATIENT.

#### EXAMPLE:

EXAMPLE: MR. SMITH WITH YOUR PERMISSION I WOULD LIKE TO INVITE JOHN HOLLAND FROM ABSOLUTE MEDICAL TO COME IN DURING ONE OF YOUR APPOINTMENTS TO TALK TO YOU ABOUT COMPRESSION GARMENTS SO THAT WE CAN COLLECTIVELY FIND A PRODUCT THAT CAN HELP YOU SELF MANAGE YOUR LIMPHEDEMA AFTER DISCHARGE. JOHN HAS OVER A DECADES WORTH OF EXPERIENCE AND IS AN EXPERT IN HIS FIELD. I HAVE KNOWN JOHN FOR OVER 10 YEARS WHICH IS WHY HE HAS AGREED TO COME DOWNTO OUR CLINIC TO HELP US WITH OUR GARMENT FITTINGS. HIS COMPANY SPECIALIZES IN NOT ONLY MEASURING AND FITTING BUT BILLING INSURANCE FOR THESE COMPRESSION GARMENTS. IF YOUR INSURANCE DOESN'T FAY FOR COMPRESSION GARMENTS JOHN WILL FIND AN EFFECTIVE GARMENT WITHIN YOUR BILDEFT INDOR DISCUSS PAYMENT PI AN OPTIONS UDGET AND/OR DISCUSS PAYMENT PLAN OPTION

SUCCESSFUL THERAPIST FITTER RELATIONSHIPS	
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YOUR FITTERS WILL FIT PATIENTS INTO CORRECT COMPRESSION GARMENTS 100% OF THE TIME IF YOU:

- ESTABLISH RAPPORT
- ASK QUESTIONS
- FIND OUT WHAT THEIR BELIEFS ARE
- DEVELOP CONGRUENCY TAKE OBJECTIONS AND TURN THEM INTO QUESTIONS
- CREATE UNITS OF INTEREST
- GIVE YOUR PRESENTATION DEFINE ANY PROBLEMS IN SOLVABLE TERMS
- MINIMIZE THE PROBLEM

YEARLY OUT OF POCKET COSTS FOR CORRECT COMPRESSION GARMENTS & THE POTENTIAL COSTS OF NOT GETTING THEM FOR YOU AND THE PATIENT.

IN PROCESS - JOHN

## MASTER SUMMARY

YOU AND YOUR FITTERS WILL FIT PATIENTS INTO CORRECT COMPRESSION GARMENTS 100% OF THE TIME IF YOU:

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- ESTABLISH RAPPORT ASK LOTS OF GOOD QUESTIONS FIND OUT WHAT THEIR BELIEFS ARE DEVELOP CONGRUENCY IN THE FITTING PROCESS AND PRODUCT TAKE OBJECTIONS AND TURN THEM INTO QUESTIONS CONTAUTOR OF INTERPORT

- CREATE UNITS OF INTEREST GIVE YOUR PRESENTATION DEFINE ANY PROBLEMS IN SOLVABLE TERMS
- MINIMIZE THE PROBLEM

#### REFERENCES

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