Talking Compression With Your patient

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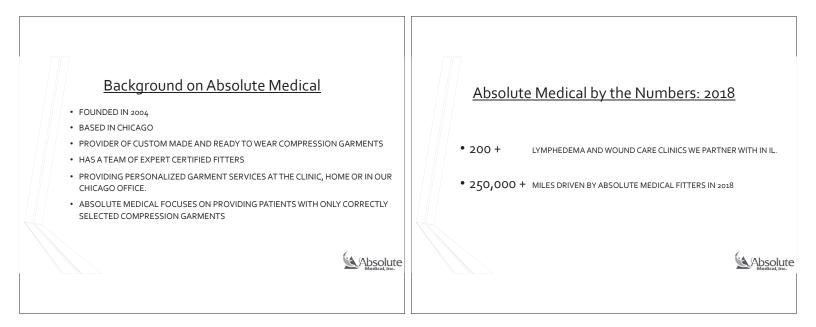
John Holland FOUNDER, Compression garment fitter, Co-owner, & vice president Absolute Medical, Inc. May 3rd 2019

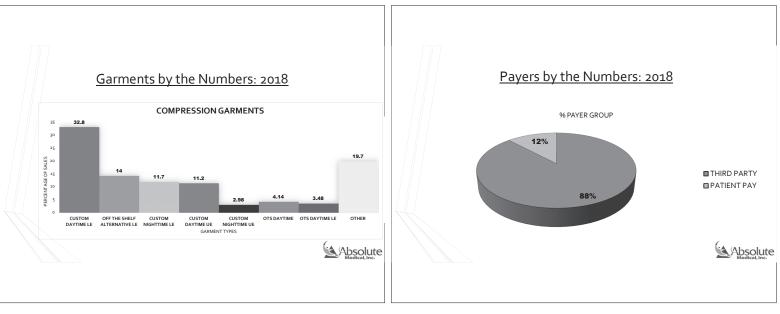
OBJECTIVE

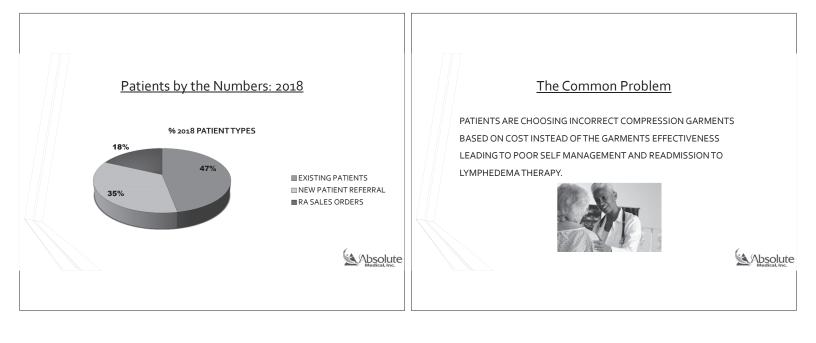
TO DISCUSS COMPRESSION OPTIONS WITH YOUR PATIENT TO HELP ENSURE THAT THEY WILL BE ABLE TO SUCCESSFULLY SELF-MANAGE THEIR LYMPHEDEMA FOR THE REST OF THEIR LIVES WITH THE **CORRECT** COMPRESSION GARMENT

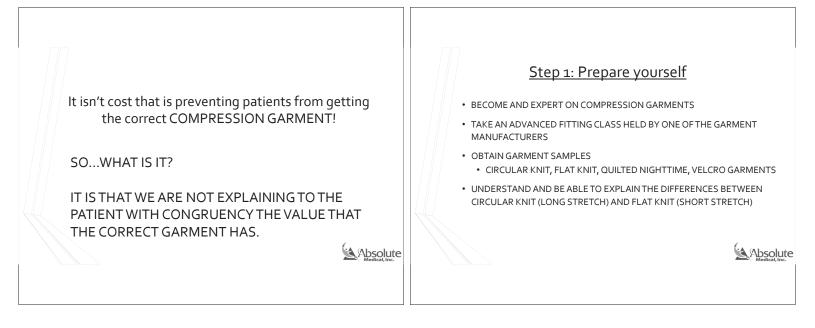


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Step 2: Align Yourself with a Fitter you Trust

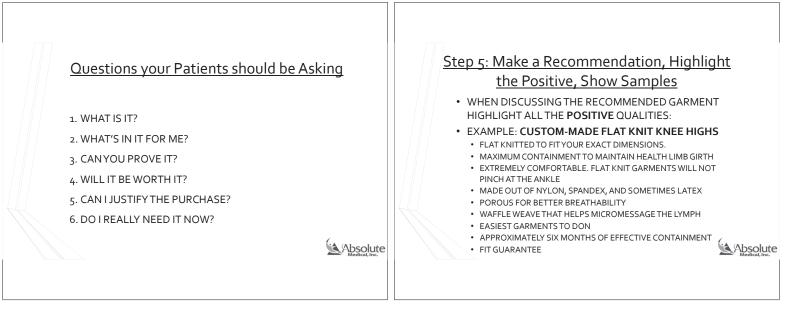
- FIND A FITTER YOU TRUST: IF YOU DON'T HAVE TRUST OR FAITH IN YOUR FITTER YOUR PATIENT WILL NOT HAVE TRUST OR FAITH IN THEM EITHER.
- SHARE INFORMATION: ARM YOUR FITTERS WITH AS MUCH PATIENT BACKGROUND INFORMATION AS POSSIBLE PRIOR TO GARMENT EVALUATION DAY.
- GET ON THE SAME PAGE: DISCUSS GARMENT IDEAS PRIOR TO GARMENT EVALUATION.

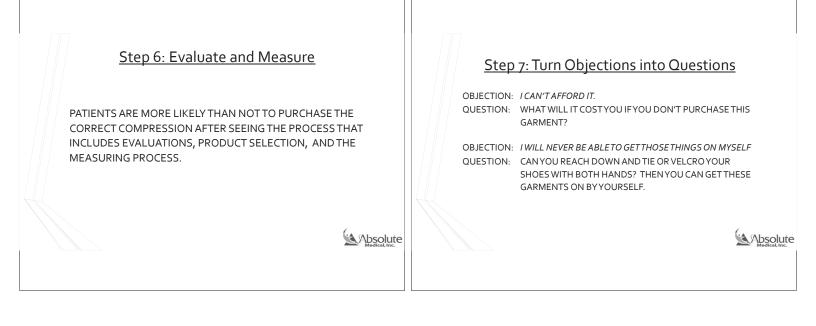
Step 2: Align Yourself with a Fitter (cont.)

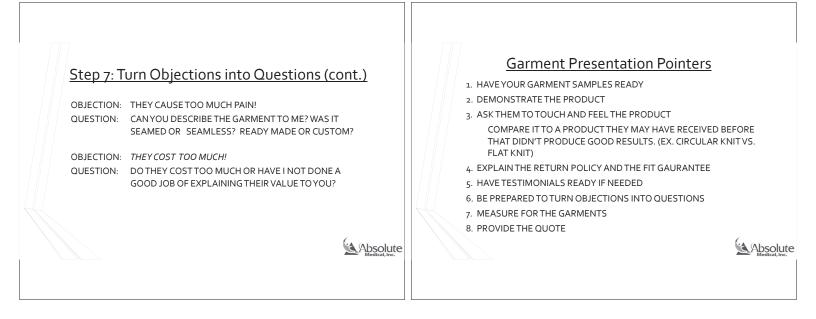
- BECOME A TEAM: PATIENTS WANT TO SEE YOU WORK TOGETHER. IT INCREASES TRUST AND CREATES A POSSITIVE EXPERIENCE FOR THE PATIENT.
- HIGHLIGHT YOUR FITTERS EXPERIENCE: PATIENTS LIKE TO KNOW THAT YOU SPENT TIME TO FIND THEM SOMEONE YOU HAVE FAITH IN AND TRUST WILL DO THE JOB RIGHT!

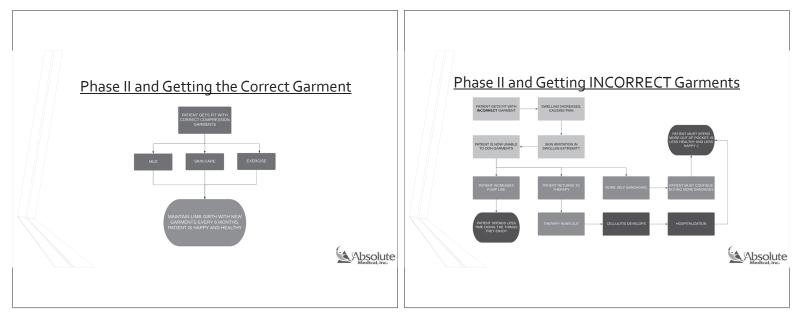
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Master Summary

PATIENTS WILL BE MORE LIKELY TO SELECT THE CORRECT COMPRESSION GARMENT IF YOU.....

- PREPARE YOURSELF AND BECOME AN EXPERT
- ALIGN YOURSELF WITH AN EXPERIENCED FITTER
- ESTABLISH RAPPORT WITH YOUR PATIENTS
- ASK QUESTIONS AND PROBE FOR SPECIFIC DETAILS ON PAST GARMENTS
- PRESENT WITH CONGRUENCY
- TURN OBJECTIONS INTO QUESTIONS

REFERENCES

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- Financial cost of lymphedema borne by women with breast cancer. Boyages J, XuY, Kalfa S, et al. Financial cost of lymphedema borne by women with breast cancer. Psycho-Oncology. 2017;26:849-855. https://doi.org/10.1002/pon.4239
- 4. Robbins, A. (2005). Mastering influence. San Diego, CA: Robbins Research International.

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