

## **COVID-19 Update**

At Klose Training, we are extremely concerned about the health and wellbeing of our students and instructors. In an attempt to reduce the potential exposure to COVID-19, we have changed from our traditional 135-hour lymphedema certification course format (45 hrs. of online home study and 90 hrs. of in-classroom training), to a 125-hour course format that consists of 71 hrs. of online home study and 54 hrs. of in-classroom, live instruction. Click here to see our most current schedule of dates and locations.

In addition, Klose Training is also currently offering an innovative 125-hour online-only lymphedema certification course. These online-only courses are currently being conducted as an 8-week program, or an accelerated 4-week program. For details about our online-only lymphedema certification training, please contact our office at <a href="mailto:info@klosetraining.com">info@klosetraining.com</a> or call 303-245-0333.

## FAQs:

- **Q**: Is there a difference in course content, between the traditional and the new course formats?
- A: No; the new course formats cover everything that is covered in the traditional format.
- **Q**: Why are the new formats shorter than the traditional format?
- A: Lectures and vendor in-services take less time when provided in a video-based format.
- Q: What are the advantages of these new educational formats?
- **A**: There are several advantages:
  - a. Lectures can be reviewed as many times as needed until the material is internalized by the student.
  - **b.** Practice quizzes throughout the online module allow the student to assess their knowledge at their own pace and convenience, in a stress-free environment.
  - c. All lectures are accessible and can be reviewed for one full year after completing the course.
  - **d.** Questions about lecture content can be directed to a Klose Training Instructor at any time throughout the study process.
  - e. The new course formats save time and money.
  - **f.** The new course formats reduce, and even eliminate, the person-to-person contact during the current COVID-19 pandemic.
- **Q**: Are there any disadvantages to engaging in the new course formats?
- A: There are no disadvantages for students enrolled in the new 125-hour certification which is split into online home study and in-classroom learning; however, the following challenges need to be recognized and accepted by students enrolling in an online-only lymphedema training:
  - **a.** Students registering in the online-only course, must be motivated! It takes dedication and discipline to successfully work through the self-directed learning and practice time required.
  - **b.**Students must have stable, high-speed internet, an appropriate device with camera and microphone to connect by Zoom, and a massage table and available volunteer person to practice MLD and bandaging techniques throughout the time of the course.
  - c. The online-only course does not make the student eligible to sit for the LANA exam (see below).
- **Q**: What are my options if I decide to participate in the online-only lymphedema certification training, but want to improve my skills later on in a classroom setting?
- **A**: Klose Training will schedule several 3-day skill-building courses throughout next year for students who have completed the online-only lymphedema certification training.
- Q: Are the new course options approved by the Lymphology Association of North America (LANA)?
  - **a.** LANA is currently reviewing the Klose Training 125-hour (71 hrs. online/54 hrs. classroom) curriculum for eligibility to sit for the CLT-LANA exam. Klose Training will post updates here.
  - **b.** Currently, LANA does not recognize students who have completed the online-only lymphedema therapy training as eligible to sit for the CLT-LANA exam.
- Q: Am I able to practice lymphedema therapy without LANA certification?
- **A**: Yes; lymphedema therapy is within the scope of practice for all PT, PTA, OT, OTA, RN, MD licensed professionals without the additional certification of a designated lymphedema school or LANA.