

Schedule - Lymphedema Therapy Certification

Klose Training and Consulting, LLC

Except as otherwise specified, all units include an introduction to a technique and instructor demonstration followed by hands-on practice under the tutelage of the instructor.

1st day

8:00 – 9:00	Introduction, orientation, and review of home study materials
9:00 – 9:10	Break
9:10 – 11:20	MLD Sequences, instruction and practice
11:20 – 11:30	Break
11:30 – 12:30	MLD Sequences, instruction and practice (cont.)
12:30 – 1:30	Lunch break
1:30 – 2:40	MLD Sequences, instruction and practice (cont.)
2:40 – 2:50	Break
2:50 – 4:00	MLD Sequences, instruction and practice (cont.)
4:00 – 5:30	Intro to Bandaging
5:30 – 5:40	Break
5:40 – 7:00	Intro to Bandaging (cont.)

2nd Day

8:00 – 9:20	MLD Sequences, instruction and practice
9:20 – 9:30	Break
9:30 – 10:50	MLD Sequences, instruction and practice (cont.)
10:50 – 11:00	Break
11:00 – 12:30	MLD Sequences, instruction and practice (cont.)
12:30 – 1:30	Lunch break
1:30 – 2:40	MLD Sequences, instruction and practice (cont.)
2:40 – 2:50	Break
2:50 – 4:30	MLD Sequences, instruction and practice (cont.)
4:30 – 5:30	Bandaging for the UE
5:30 – 5:40	Break
5:40 – 7:00	Bandaging for the UE (cont.)

3rd Day

8:00 – 9:00	Lecture: Lymphedema Therapy (CDT) in the clinical/hospital setting
9:00 – 9:10	Break
9:10 – 10:00	Q & A; UE patient case studies
10:00 – 10:10	Break
10:10 – 12:30	Lecture: UE Frequent Findings
12:30 – 1:30	Lunch break
1:30 – 3:00	Patient demo
3:00 – 3:10	Break
3:10 – 5:30	MLD Sequences, practice with instructor evaluation
5:30 – 5:40	Break
5:40 – 6:00	MLD Sequences, practice with instructor evaluation (cont.)
6:00 – 7:00	Bandage practice and Q & A

4th Day

8:00 – 9:00	Assignment of UE practice case studies
9:00 – 9:10	Break
9:10 – 10:30	Presentation of practice case studies
10:30 – 10:40	Break
10:40 – 12:30	Bandaging
12:30 – 1:30	Lunch break
1:30 – 3:00	MLD practice and final examination of technique of UE students
3:00 – 3:10	Break
3:10 – 5:00	MLD practice and final examination of technique of UE students (cont.)
5:00 – 5:10	Break
5:10 – 7:00	MLD practice and final written exam for UE students only

5th Day

8:00 – 9:00	Introduction to lymphedema organizations and resources
9:10 – 9:10	Break
9:10 – 11:00	Compression garment measuring and fitting lecture (UE)
11:00 – 11:10	Break
11:10 – 12:30	Compression garment measuring and fitting lecture (UE) (cont.) END OF CLASS FOR LTC-UE STUDENTS
12:30 – 1:30	Lunch break
1:30 – 3:20	Garment measuring instruction (LE) and certification
3:20 – 3:30	Break
3:30 – 5:15	Garment measuring instruction (LE) and certification (cont.)
5:15 – 5:25	Break
5:25 – 7:00	Garment measuring instruction (LE) and certification (cont.)

6th Day

8:00 – 9:30	MLD Sequences, instruction and practice (LE)
9:30 – 9:40	Break
9:40 – 11:00	MLD Sequences, instruction and practice (LE) (cont)
11:00 – 11:10	Break
11:10 – 12:30	MLD Sequences, instruction and practice (LE) (cont)
12:30 – 1:30	Lunch break
1:30 – 3:20	Bandaging practice: LE
3:20 – 3:30	Break
3:30 – 5:15	Bandaging practice: LE (cont.)
5:15 – 5:25	Break
5:25 – 7:00	Bandaging practice (cont.)

7th Day

8:00 – 9:00	Lecture: Frequent findings in patients with LE lymphedema
9:00 – 9:10	Break
9:10 – 10:30	Lecture: Frequent findings in patients with LE lymphedema (cont.)
10:30 – 10:40	Break
10:40 – 11:20	Assignment of LE practice case studies
11:20 – 11:30	Break
11:30 – 12:30	Presentation of practice case studies
12:30 – 1:30	Lunch break
1:30 – 2:50	Patient demo
2:50 – 3:00	Break
3:00 – 4:30	Considerations for patients with lipedema and obesity-associated lymphedema
4:30 – 5:00	MLD and bandaging practice
5:00 – 5:10	Break
5:10 – 7:00	MLD and bandaging practice

8th Day

8:00 – 9:00	Final written exam for full CLT's
9:00 – 9:10	Break
9:10 – 10:30	MLD Sequences for the head and neck, instruction and practice
10:30 – 10:40	Break
10:40 – 11:30	MLD Sequences for the head and neck, instruction and practice (cont.)
11:30 – 12:30	Treatment consideration for head and neck patients
12:30 – 1:30	Lunch break
1:30 – 2:30	Lecture: Considerations when treating pediatric lymphedema
2:30 – 2:40	Break
2:40 – 4:50	Timed final MLD and bandaging evaluation
4:50 – 5:00	Break
5:00 – 7:00	Timed final MLD and bandaging evaluation (cont.)

9th Day

8:00 – 9:30	Practical exam: case study evaluation and UE and LE bandaging
9:30 – 9:40	Break
9:40 – 11:00	Practical exam: case study evaluation and UE and LE bandaging (cont.)
11:00 – 11:10	Break
11:10 – 12:30	Practical exam: case study evaluation and UE and LE bandaging (cont.)
12:30 – 1:30	Lunch break
1:30 – 3:20	Practical exam: case study evaluation and UE and LE bandaging (cont.)
3:20 – 3:30	Break
3:30 – 5:15	Practical exam: case study evaluation and UE and LE bandaging (cont.)
5:15 – 5:25	Break
5:25 – 7:00	Practical exam: case study evaluation and UE and LE bandaging (cont.)