Time Day 1 Day 2 Day 3 Day 4 Day 5 Day 6 Day 7	60-hour Lymphedema Certification Course Schedule* (2021)								
Signature Self-directed MLD Patient demo (virtual)	Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
Review of FDAQ, Q&A Patient demo (virtual)				Patient demo (virtual)	MLD: LE sequence	#19 Written Exam	'		
Sign MLD: Stationary circle, pump, rotary neck, abdomen, axillary and inguinal LN Lunch break								concepts: Additional CSs; edema vs.	
MLD: Stationary circle, pump, rotary neck, abdomen, axillary and inguinal L1:30 L1:00 L2:30 Lunch break		circle, pump, rotary neck, abdomen, axillary and inguinal							
10:30 11:30 12:30 12:30 12:30 13:30 13:30 13:30 14:30 14:30 15:30			'						
11:00 axillary and inguinal LN									
11:30 12:30 12:30 1:30 1:30 1:30 1:30 2:00 MLD: UE Sequence (anterior trunk only) 3:00 3:30 4:00 4:30 4:30 5:30 6:00 MLD arm sequence (Group 1) MLD arm sequence (Group 2) MLD arm sequence (Group 2) Self-bandaging with Caresia and Q&A about HEP and self-care Bandaging UE with gray foam and dorsal pad LE Bandaging with gray foam Integration of concepts: UE case studies LE Bandaging with gray foam Integration of concepts: UE case studies Awarding Certificates & Final Remarks Lunch break Lunch break									
12:30 1:30 1:30 1:30 2:00 MLD: UE Sequence (anterior trunk only) 3:00 3:30 4:00 4:30 4:30 5:00 UE Bandaging with Rosidal-soft with Rosidal-soft feeton of concepts: Compression garments; review of daytime and nighttime garments 12:00 Lunch break								Awarding	
1:00 1:30 2:00 ALD: UE Sequence (anterior trunk only) 3:00 3:30 4:00 4:30 4:30 5:30 UE Bandaging with Rosidal-soft with Rosidal-soft 5:30 6:00 Lunch break Lunch	12:00								
1:30 1:30 2:00 MLD: UE Sequence (anterior trunk only) 3:00 UE Bandaging with gray foam 4:30 4:30 4:30 5:30 UE Bandaging with Rosidal-soft 5:30 6:00 MLD: UE Sequence (anterior trunk only) UE Bandaging with gray foam	12:30	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break	End of class	
2:00 MLD: UE Sequence (anterior trunk only) 3:00 UE Bandaging with gray foam 4:00 UE Bandaging With Rosidal-soft S:30 With Rosidal-soft S:30 G:00 With Rosidal-soft S:30								12:30pm	
2:30 MLD: UE Sequence (anterior trunk only) 3:00 UE Bandaging with gray foam 4:00 4:30 UE Bandaging with Rosidal-soft UE Bandaging with Rosidal-soft UE Bandaging with gray foam Integration of concepts: Compression garments; review of daytime and nighttime garments Compression garments Studies LE Bandaging with gray foam Integration of concepts: LE case studies Studies	1:30	· ·	· ·	Caresia and Q&A about			0 0, 0		
3:30 UE Bandaging with gray foam Integration of concepts: Compression garments; review of daytime and nighttime garments S:30 UE Bandaging with gray foam Integration of concepts: UE case studies UE Bandaging with gray foam Integration of concepts: LE case studies	2:00								
3:30 4:30 UE Bandaging with gray foam UE Bandaging progress check & CS exam UE Bandaging with gray foam Signature of concepts: UE case studies	2:30			gray foam and dorsal					
4:30 4:30 5:30 With Rosidal-soft 5:30 6:00 UE Bandaging with Rosidal-soft UE Bandaging with Rosidal-soft Studies LE Bandaging with gray foam Integration of concepts: UE case studies LE Bandaging with gray foam Integration of concepts: LE case studies									
4:30 UE Bandaging with Rosidal-soft With Rosidal-soft S:30 6:00 UE Bandaging with Rosidal-soft Compression garments; review of daytime and nighttime garments Integration of concepts: UE case studies With gray foam Integration of concepts: LE case studies									
5:30 UE Bandaging with Rosidal-soft Compression garments; review of daytime and nighttime garments 6:00 UE Bandaging with Rosidal-soft Compression garments; review of daytime and nighttime garments Integration of concepts: LE case studies			Compression garments; review of daytime and	concepts: UE case		concepts: LE case			
5:30 review of daytime and nighttime garments studies review of daytime and nighttime garments									
6:00 nighttime garments									
		Class ends at 6:15pm on Day 1-6							

^{*}Subject to change without prior notice

FDAQ = First Day Assessment Quiz