3M Coban™ 2 Lite Compression System Application for the Shoulder Spica

Materials & Positioning
- The spica application is useful if the top edge of the bandage frequently rolls, to avoid slippage when there is extreme oedema at root of the limb or to control oedema at the posterior ipsilateral quadrant.
- Select the 10cm (4 inch) or 15cm (6 inch) 3M™ Coban™ 2 Lite Comfort Foam and 3M™ Coban™ 2 Lite Compression Layers depending on the size of the patient.

Application of Comfort Foam Layer to Shoulder Spica

Layer 1: Comfort Foam Layer
- Apply this layer with the foam side against the skin with just enough tension to conform.
- Cover the skin with as thin a layer as possible with no gaps.

Layer 2: Compression Layer
- Apply even compression with at least 2 layers. Even compression is best achieved when the material is applied at full stretch.
- It is recommended that you hold the roll close to the body throughout the application for controlled, even compression.
- If “bulges” are noted after the application, apply additional compression material until the application appears smooth.

Application of Compression Layer to Shoulder Spica

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Layer 2: Compression Layer
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- It is recommended that you hold the roll close to the body throughout the application for controlled, even compression.
- If “bulges” are noted after the application, apply additional compression material until the application appears smooth.

3M™ Coban™ 2 Lite Compression System Application for the Head and Neck

Materials & Positioning
- Select the 5cm (2 inch) 3M™ Coban™ 2 Lite Comfort Foam Layer, and select the 5cm (2 inch) 3M™ Coban™ 2 Lite Compression Layer for the head and neck application.

Application of Comfort Foam Layer to Head and Neck

Layer 1: Comfort Foam Layer
- Apply this layer with the foam side against the skin with just enough tension to conform.
- Cover the skin with as thin a layer as possible with no gaps.

Layer 2: Compression Layer
- Apply even compression with at least 2 layers using just enough tension to conform for comfortable support.

Bandage Removal
- Cutting the adhesive tabs allows easy removal of circular winding and easy bandage removal.